

### Need more than 1 hour? Ask about our lower rates for 3+ hours ....

Only Available to Laguna Woods Residents

We know what you are going through and sometimes an hour is all you need. You want your loved one to live independently but safely at home.

Whether you are a few miles or hundreds of miles away, our local office can give you peace of mind.

23151 Moulton Parkway, Suite 103C Laguna Hills, CA 92653 Phone: 949-859-4700 Fax: 949-859-4773 www.careworkshealthservices.com

We are licensed, bonded, insured and background check all our caregivers.

Serving Laguna Woods Client





# NEED 1-HOUR CARE VISITS? WE CAN HELP.

CareWorks Health Services helps give you peace of mind with our daily check-in visits to ensure your loved one is safe at home. Our services are perfect for those who need minimal daily assistance.

CALL 949-859-4700 TO GET STARTED

**1-HOUR** Enriched Care

\$45

2-HOUR

Sunrise/Sunset

\$80

### WHAT TO EXPECT

- Available only to Laguna Woods residents.
- •Minimum 5 days a week.
- •We will try our best to accommodate your preferred visit times.
- Additional care hours are billed at \$25/hour after 1<sup>st</sup> hour



## **CHECK 1 BOX:** FOR SERVICES NEEDED EACH DAY FOR 1-HOUR VISIT **CHECK 2 BOXES:** FOR SERVICES EACH DAY FOR SUNRISE/SUNSET VISITS

		MON	TUES	WED	THU	FRI	SAT	SUN
	Assist in/out of Bed, Dress, and Prepare Meal							
	Quick Tidy							
	Bathing, Skin Care, and Dressing							
	Laundry, Change Linens							
	Medication Reminder (AM and/or PM)							
	Call Family							
*Medication Reminder & family check in call included each day. Check box if needed								

#### **Quick Tidy**

Includes: Dust, take out trash, vacuum, wipe down counters in kitchen, Master bed and bathroom.

#### **Always Included**

A compassionate touch and friendly smile from your care ambassadors. They will make a care safe phone call to you (if desired) and a reminder to take that vital medication at each visit.

