

Level of Care Chart

A Guideline for Care When Needs Present

Using the ADL and IADL List, determine needs for care based on the following:

	Recommended Care	Response in Emergencies	ADL Function	Meals/ Housekeeping	Socialization	Mental Status	Family Concerns
Independent	Recommended: socialization and minimal homemaking assistance, if desired. No other care needed.	Independent in an emergency. Able to negotiate stairs in an emergency.	Able to accomplish all ADL without intervention. <ul style="list-style-type: none"> • Bathe and dress • Ambulate/walk • Toilet • Eat • Take medications • Communicate 	Meals/ housekeeping assistance helpful.	Able to independently plan social activities.	Oriented to self. No memory impairment.	Does not medically "need" assistance or care.
Minimum Assist	Recommended 5 hours 2-4x/week for socialization and homemaking assistance.	Able to respond in an emergency.	Walks/transfers independently. Infrequent falls. ADL: independent to verbal reminders. Independent w/medications and doctors' appointments. Continent bowel/bladder. Independent baths.	Meals/ nutrition/ housekeeping assistance helpful.	Would benefit from socialization and activities. Minor encouragement.	Oriented to self. Little memory impairment.	Family slightly concerned.
Stand-By Assist	Recommended 6–8 hours 4–7x/week for socialization, meals, personal assistance and homemaking.	May need assistance in an emergency.	Transfer: stand-by assist may be needed. ADL: reminders to verbal cues; medication mgmt. helpful; occasional incontinence assistance; bathing set-up helpful.	Meals/ nutrition/ housekeeping assistance helpful.	Reminders/ encouragement to participate in activities.	Mild memory impairment. Sometimes disoriented.	Family concerned.
Hands-On Assist	Recommended 8–12 hours 5–7x/week for socialization, meals, personal assistance and homemaking.	Needs assistance in an emergency.	Transfer: one-person assist usually needed. ADL: verbal cues to hands-on assist; medication mgmt.; incontinence mgmt.; bathing assistance needed.	Meals/ nutrition/ housekeeping assistance needed.	Encouragement/ escort to participate in social activities.	Impaired memory. Poor orientation. Mild confusion.	Family very concerned; have to do something.
Total Assist	Recommended 24 hours 7x/week for safety, socialization, meals, full assistance and homemaking.	Needs supervision in an emergency.	Transfer: mechanical lift/ two-person transfer/bedfast. ADL: hands-on assistance; medication/behavior mgmt.; bathing assistance.	Verbal cues/ hands-on assistance to eat.	Encouragement/ escort to activities or one-on-one activities or visits.	Needs 24-hour supervision.	Needs continuous assistance.

