# LEVELS OF CARE

Independent /

Socialization and minimal homemaking assistance; no other care needed

## May Need Assistance



6–8 hours a day, 4–7 times a week for socialization, homemaking, meals, personal assistance

## Total Assist



24 hours a day, 7 times a week for safety, socialization, meals, full assistance and homemaking

\* Activities of Daily Living are everyday personal care activities such as bathing, getting dressed, getting in or out of a bed or chair, using the toilet, eating and getting around or walking.

#### **EMERGENCY RESPONSE**

Independent; able to negotiate stairs in an emergency

No medical assistance "need" or care

Independent; able to negotiate stairs in an emergency

Assistance helpful

Self oriented; no memory impairment

No ADL\*
intervention
needed

TRANSFER/ADL FUNCTION

### **EMERGENCY RESPONSE**

May need assistance
Family Assistance helpful

Mild memory impairment; sometimes disoriented stand-by transfer; ADL\* – verbal cue reminders, medication management, incontinence, bathing set-up helpful

TRANSFER/ADL FUNCTION

#### **EMERGENCY RESPONSE**

Needs supervision

Needs continuous assistance

Needs supervision

Verbal cues, hands-on assistance to eat

24-hour assistance needed

Escort/encouragement
to activities or one-on-one activities/
ADL\* — hands-on assistance, bathing, behavior management, and activities/ visits

TRANSFER/ADL FUNCTION

#### **EMERGENCY RESPONSE**

Family slightly concerned Assistance helpful

Able to

Self oriented; little memory impairment falls, walks/ encouragement reminders, bathing, continent, medications, appointments

TRANSFER/ADL FUNCTION

#### **EMERGENCY RESPONSE**

assistance

Family very Assistance concerned; needed must do something Encouragement Impaired and escort to memory; poor orientation; mild confusion transfers; in social ADL\* — verbal activities cues to assist, bathing, medication management, ncontinence management

TRANSFER/ADL FUNCTION

## Minimum Assistance

5 hours a day, 2-4 times a week for homemaking and socialization assistance



8-12 hours a day, 5-7 times a week for socialization, meals, personal assistance and homemaking



(949) 859-4700 • (714) 421-4005

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