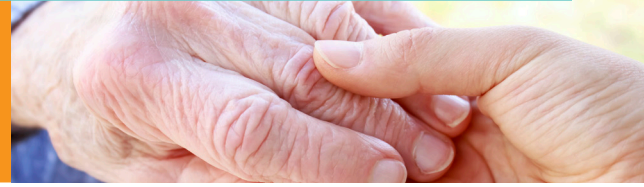


When You're Not Ready to Move

A little help can postpone a move to a higher level of care



When illness or recuperation means independence is lost for a time period, take advantage of our convenient in-home services to assist with daily living activities.

FREE professional assessments for in-home care solutions are available to all interested residents.



Please call **(949) 859-4700**, or visit **CareWorksHealthServices.com** to find out more about **Careworks'** services.

SERVICES INCLUDE:

HOUSEKEEPING

- Light housekeeping
- Making beds and changing linens
- Laundry and linen washing
- Ironing

MEALS

- Meal preparation, clean-up and storage
- Special diet and meal planning
- Nutritional meals and feeding
- Monitor diet and eating

TRANSPORTATION

- Errands and shopping
- Pick up prescriptions
- Transporting to appointments
- Incidental transportation

SOCIALIZATION

- Plan visits, outings and trips
- Personal escorting to outings and events
- Attend plays and concerts
- Visit neighbors and friends

COMPANIONSHIP

- Companionship and conversation
- Encouragement and comfort
- Play mind-stimulating games
- Participate in crafts

PERSONAL CARE

- Bathing and dressing
- Grooming and skin care assistance
- Provide a stable bathing environment
- Assist with walking and exercise

ORGANIZATION

- Closet organizing
- Organizing mail
- Maintain client calendar
- Arrange and provide appointment reminders

GENERAL ASSISTANCE

- Care of house plants
- Clothing selection assistance
- Assistance with maneuvering in the home
- Medication supervision
- Liaison to clients' families

STAFF PROVIDED

- HHAs
- CNAs
- Companions

REIMBURSEMENT

- Private pay
- Long-term care insurance

LOCATIONS FOR SERVICE PROVISION

- Nursing home/assisted living
- Hospital
- Home

SPECIALIZED SERVICES

- Specialized dementia care
- In-home safety assessment
- Respite and palliative care

CareWorks
HEALTH SERVICES

Find out how we can help you!



23046 Avenida De la Carlota, Suite 600, Laguna Hills, CA 92653
18652 Florida Street, Suite 105, Huntington Beach, CA 92648

