

Coordinating In-Home Care

For aging in place, it takes a community.

Please check all services your loved one might require to successfully age in place:

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| ☐ Bathing | ☐ Speech therapy |
| ☐ Dressing | ☐ Mental health counseling |
| ☐ Personal hygiene | ☐ Long term planning |
| ☐ Exercise assistance | ☐ Advance directives |
| ☐ Walking | ☐ Caregiver counseling |
| ☐ Transfers | ☐ Conflict resolution |
| ☐ Repositioning | ☐ Grief and/or end of life issues |
| ☐ Meal planning | ☐ Specialized medical: |
| ☐ Meal preparation | ☐ Dentists |
| ☐ Cleaning | ☐ Optometrists |
| ☐ Laundry | ☐ Audiologists |
| ☐ Non-medical supervision | |
| ☐ Socialization | |
| ☐ Companion to/from outings | |
| ☐ Respite services | |
| ☐ Nursing care | |
| ☐ Physical therapy | |
| ☐ Occupational therapy | |



CareWorks

HEALTH SERVICES



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| ☐ Assistance making appointments | ☐ Review of health care bills |
| ☐ Assistance keeping appointments | ☐ Review of insurance claims |
| ☐ Coordinating medicines | ☐ Liaison for families at a distance |
| ☐ Nutritional counseling | ☐ Daily check-in calls |
| ☐ Bill paying | ☐ Library services |
| ☐ Checkbook balancing | ☐ Home repair services |
| ☐ Financial planning | ☐ In-home beauty services |
| ☐ Legal advice | ☐ In-home massage therapy |
| ☐ Home renovations tailored to aging in place: | ☐ Senior center group activities |
| ☐ Installation of ramps | ☐ Adult daycare services |
| ☐ Installation of grab-bars | ☐ Crisis intervention |
| ☐ Widening of doorways | ☐ Home delivered prescriptions |
| ☐ Widening of bathroom facilities | ☐ Home delivered groceries |
| ☐ Converting tubs to showers | ☐ Church outreach ministries |
| ☐ Adding additional lighting | ☐ Outdoor home maintenance |
| ☐ Negotiation for medical insurance benefits | ☐ Money management |
| ☐ Review of financial issues | ☐ Assistance with personal affairs |
| ☐ Review of legal issues | ☐ Mailing packages |
| ☐ Review of medical issues | ☐ Watering plants |
| ☐ Education about services and benefits | ☐ Fish tank maintenance |
| ☐ Help solving Medicare/insurance problems | |

What other customized services? _____
